Curriculum Vitae

Anne O. Rice, Registered Dental Hygienist

BS Oral Health Promotion

CDP Certified Dementia Practitioner

FAAOSH Fellow American Academy of Oral Systemic Health Certified Longevity Specialist

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[www.amazon.com/author/anneorice](http://www.amazon.com/author/anneorice)

<https://www.frontiersin.org/articles/10.3389/froh.2021.674329/full>

Education:

# O’Hehir University-BS

Wichita State University-AS

Oklahoma State University

Current Position:

Consultant-Atria Institute-Director Dr. Richard Isaacson

Monthly contributor Today’s RDH and RDH Magazine

Oral Systemic Seminars-Owner

Advisory RDH Magazine

Previous Positions:

Consultant-Weill Cornell Alzheimer’s and Prevention Clinic, New York Presbyterian

Consultant-Florida Atlantic Medical College, Boca Raton, FL

# Curriculum Content Creator-Alzheimer’s Prevention and Research Foundation

Research Consultant-Academy of Minimally Invasive Implantology

Executive Assistant-Dr. Joseph J. Massad

Registered Dental Hygienist

Licenses:

Oklahoma Dental Hygiene

Texas Dental Hygiene

Colorado Dental Hygiene

Memberships:

FAAOSH Fellow American Academy for Oral Systemic Health

ADHA American Dental Hygiene Association

TXOHC Texas Oral Health Coalition

TXDHA Texas Dental Hygiene Association

Certifications:

Dr. Brad Bale and Dr. Amy Doneen Preceptorship Cardiovascular Disease Prevention

Certified Dementia Practitioner 2020

Understanding Dementia - Wicking Dementia Research and Education Centre 2019

Preventing Dementia - Wicking Dementia Research and Education Centre 2020

# Brain Longevity Specialist with the Alzheimer’s Research and Prevention Foundation 2020

Publications:

**Frontiers:**

Alzheimer’s Disease and Oral-Systemic Health: Bidirectional Care Integration Improving

Outcomes

**Today’s RDH:**

Finding Acceptance in and Out of the Operatory

Is License Portability Coming with the Dentist and Dental Hygienist Compact?

Let’s Not Sugarcoat It: Viewing Sweeteners from a Dental Perspective

# Patients with ALS: Don’t Let a Curveball Affect Your Hygiene Treatment

How to Prepare for Violence Occurring in the Dental Office

Gene-editing Research Hints at Possible Treatment for Cold Sores

Research on Drug Suggests Future Possibilities as a Periodontal Antibiotic

Spinning Rooms: Dental Practice Considerations Can Help Patients with Vertigo

Where the Wild Germs Grow: Dental Professionals Can’t Kill Them All

# ‘Tis the Season: Mistletoe Offers a Rich History in Medicine

Coffee: When the Dental Patient Blames High Blood Pressure on Java

Resigning: How to Quit in a Small Dental Practice

# How Foliage Benefits Hygienists’ Health and Well-Being

The Vampire Hormone: What Dental Hygienists Need to Know

The Benefits of REM Sleep for Dental Professionals and Patients

# Compelling Relationship between Candida and Alzheimer’s – What Hygienists Should Know

Dental Prevention: 6 Ways to Help Patients Counter Cognitive Decline

The Health Benefits of Hibiscus Tea Dental Professionals Should Know

# The Boomers: Enhancing the Dental Hygienist’s Communication Skills for the Elders

The Power of Water: Brain Fuel for the Dental Hygienist

Dr. Erin Hartnett: Nurse Practitioner Advocates for Oral Health

A Sales Career: How Dental Hygienists Should Evaluate Possible Career Option

Dental/Medical Leadership: Santa Fe Group Closes Health Communication Gaps

Dental Patient Video Messaging: Smile, You’re on Camera!

# Smoking Risks Higher in Women: The Dental Hygienist’s Role

5 Snack Ideas for a Busy Day in the Dental Practice

Kirtan Kriya: 12 Minutes that Help Relieve Dental Occupational Stress

Dental Professionals: Their Careers Have Value Inside and Outside the Operatory

Mastic Gum: Oral Health Benefits Deserve Consideration by Dental Professionals Collaboration with Other Health Care Specialties? Dental Hygienists Can Blaze the Trail

75 Hard: Dental Hygienist Describes Vigorous and ‘Hard’ Journey

Recare Visits, Rumination, and Those Endless Minutes

# Awakening Too Early? The Solution May ‘Bee’ a Sweet Treat Away

Teatime for a Healthy Smile: The Oral Health Benefits of Green Tea

Glaucoma: Why Dentistry Should Not Overlook this Eye Condition

**RDH Magazine:**

Dentistry's Narrative Has Failed: Interview with Dr. Tim Donley Series

Dental Abscesses and Their Systemic Effects

Why Are Viruses Should Be Part of a Health History

An Interview with Microbiologist Camille Zenobia PhD

Nitric Oxide: An Essential Product of the Oral Microbiome

The Translocation of Bacteria: Inflammatory Bowel Disease

Midlife Transitions and Oral Health

Inflammation: A Major Link Between Oral and Systemic Diseases

Salivary Diagnostics: The 411

# It’s All About That Biofilm

Do you really know what oral-systemic means?

Upping the Professional Game

**Dentistry IQ:**

Is there a place for a higher power in the operatory?

Product review: Steraligner Banishes Bacteria on Dental Appliances

Top 5 breathing exercises during critical times

A Sterilization Labeling and Logging Solution

**Dental Entrepreneur Woman:**

Don’t Want it to Be Me

884 and the Cake Pop Lady

Rich in Traditions

Speaking:

2018:

April 19th, Alzheimer’s and Oral Health –The Elite Hygienist, Webinar

May 10th, Alzheimer’s, Heart Disease and Diabetes, Tulsa, OK

# May 11th, Alzheimer’s, Heart Disease and Diabetes, Tulsa, OK

October 8th, Alzheimer’s Heart Disease and Diabetes, Rogers Country Dental Society Claremore, OK

September 12th, Risk Factors and Navigating Alzheimer’s, DGT, Galveston TX

2019

# January 24th, Alzheimer’s Disease and the Role of Dental Providers, The Madow Center Audio Series

February 21st, Dementia and the Dental Impact, Hot Topics, AAOSH, Chicago, IL

April 19th, Dementia and the Dental Impact – AAOSH, Webinar

May 10th, Dementia and the Dental Impact – Houston, TX

October 11th, Dementia and the Dental Impact, Omega Seminars, Port Arthur, TX

October 14th, Sleep Hygiene – Rogers County Dental Society, Claremore, OK

2020

January 14th, Dementia and the Dental Impact – OraVital, Webinar

January 21st, Dementia and the Dental Impact, Clinton Dental Study Club, Clinton, IW

# February 16th, Dementia Dimensions, Houston’s Women’s Group, Houston, TX

March 28th, Dementia and the Dental Impact, Virginia Dental Hygiene Association – Virtual

April 22nd, Dementia and the Dental Impact, Planmeca - Virtual

June 8th, The Dementia Initiative for Dental Providers, Crest + OralB - Virtual

June 27th, Dementia and the Dental Impact, ADHA – Virtual

# August 14th, Healthy Mouth Healthy Mind, Today’s RDH - Virtual Summit

September 17th, PDS/Crest Oral B Panel Discussion Course – Virtual

October 2nd, Dementia and the Dental Impact, Omega Seminars – Virtual

October 16th, Dementia and the Dental Impact, MDHA – Springfield, MO - Virtual

October 20th, Healthy Mouth Healthy Mind, Dr. Edward Segal, Chicago, IL - Virtual

2021

January 8th, RDHU, Canada

January 16th, Telomeres, Hot Topics AAOSH

# March 5th, Women of Dentistry, Today’s RDH - Virtual Conference

April 9th, Dementia and the Dental Impact, First Family Dental – Norfolk, NE

May 2021, 3-part Brain Health Series, RDHU - Canada

June 25, PDS/Crest Oral B Panel Discussion

July, Healthy Mouth Healthy Mind, RDHU - Virtual

July 23, Dementia and the Dental Impact, Greater Collin County DHA, McKinney, TX

July 31st, Using Food for Function, UOR Extended - Virtual

September 10th, Dementia and the Dental Impact, ODHA, Edmond, OK

September 15, Crest Oral B- Virtual

September 20, South Florida Dental Hygiene Association - Virtual

October 8h, Bacteria, Brains and Our Beating Hearts, Dr. Tran Symposium, Tulsa, OK

2022

April 9, The Dementia Crisis and Collaborative Care, CE Zoom - Virtual

April 29, Star of the North, Hygienist Proud Symposium, St Paul, MN

September 16, Dementia and the Dental Impact, Shh…Solving the Sleep Loss Epidemic

Montana Dental Hygiene Association, Billings, MT

October 21, Diversity, Dementia and Dentistry, Today’s RDH - Virtual

November 3, Dementia and the Dental Impact, Prescott Implant and Periodontics, Prescott, AZ

# December 3, Dementia and the Dental Impact, Shh…Solving the Sleep Loss Epidemic, Greater

Delaware Valley Dental Conference, King of Prussia, PA

2023

January, Southern Conference of Deans and Examiners, Knoxville, TN

April 20, An Amalgamation of Oral Health and Alzheimer’s, Integrative Dental Medicine, St

Petersburg, FL

# April 29, Dementia and the Dental Impact, Shh…Solving the Sleep Loss Epidemic, Muffins and

Mimosas, Dallas, TX

May 19th, Today’s RDH, Virtual

July, Shh… Solving the Sleep Loss Epidemic, ADHA, Chicago, IL

July 20, Dangerous Mouth, UOR, Nashville, TN

# August 31, Mindful Moments: Strategies for Dementia Prevention in Patients and Ourselves, DH Spark, Virtual

September 8, Oral Health a Targetable Area for Dementia Prevention, AAOSH, Orlando, FL

September 9, Healthy Mouth Healthy Mind, Western Periodontal Society, Phoenix, AZ

September 13, Parkinson's Disease: A Deep Dive into the Oral Health Connections, AAOSH, Virtual

September 16, The Power of Pathogens, UOR, Virtual

September 29th, Shh… Solving the Sleep Loss Epidemic, Healthy Mouth Healthy Mind. KDHA, Wichita KS

October 12th, TBD, Alzheimer's Research and Prevention Foundation, Virtual

October 14th, Assessments and Treatment That Saves Lives: RDH For the Win, MDHA, St. Louis

October 18 & 19, Mindful Moments, Peterson Periodontics, Idaho City, ID, Jackson Hole, WY

October 21st, Dementia Prevention for Clinicians and Their Patients, CDHA, Virtual

November 3, Women In Dentistry: Strong Mind Initiative, Shh…Solving The Sleep Loss Epidemic, CODHA, Beaver Creek, CO

November 10th,  Mindful Moments & Solving the Sleep Loss Epidemic, Omega Seminars, Virtual

2024

January 9, Alzheimer's Disease Risk Reduction Can Begin in The Operatory, Crest Oral B, Virtual

January 15, Healthy Mouth Healthy Mind, Smile Brands, Virtual

February 24. TBD, Muffins and Mimosas, The Woodlands TX

March 1, The Strong Mind Initiative, Lucy Hobbs Charity Event, Austin Oral Surgery Center, Austin, TX

April 11 &12, Dementia and the Dental Impact and Mindful Moments, AzDA, Glendale, AZ

April 23, The Power of Preventive Care: Dementia Risk Reduction, Cloud Dentistry, Virtual

May 1, TBD, Oral Surgery Centers, Wisconsin and Minnesota

May 16-18 TBD, Integrative Dental Medicine + Lincoln Memorial University Dental School, Knoxville, TN

August 17, The Battle of the Microbiome: The Synergistic Relationship Between Oral Health and Nutrition, Western Society of Periodontology Annual Symposium, Denver, CO

September 19, TBD, Periodontal Specialists, Rochester, MN

September 27, Healthy Mouth Healthy Mind, ADIA World Congress, Orlando

October 24, TBD, Austin Oral Surgery, Austin TX

TBD, DentalEd,